

Surgery

The Pre-Procedures Clinic

The Pre-Procedure Clinic is located in the Newcastle Melanoma Unit adjacent to the hospital in Platt Street, Waratah.

If you are coming into hospital for an operation you may be required to come to a Pre-Procedure Clinic. If you require an anaesthetic for your operation, we need to make sure that you are medically fit for your surgery.

If you are required to attend a Pre-Procedure Clinic you will be notified by the hospital and an appointment will be made for you within two weeks prior to your surgery date.

At the Pre-Procedure Clinic you will be seen by a registered nurse, who will talk to you about your procedure and give you any instructions you may need to follow. You may also need to be seen by an Anaesthetist, your Surgeon/s, a Pharmacist or Resident Medical Officer. The secretary will also make sure that all your details are correct for admission.

At the Pre-Procedure Clinic you may be required to have some tests. Some of these tests may include:

- ECG (Electrocardiogram) – to check your heart
- Blood tests
- Chest x-ray
- Spirometry – to check your breathing

You may need to bring all your medications, a urine sample and your Medicare card with you to your appointment. Please wear clothing that you can easily remove for examinations and tests.

To contact the pre-procedures clinic, please call (02) 4985 0108.

Operating Theatres

Calvary Mater Newcastle now has three new operating theatres. The type of surgery currently performed at our hospital includes general, oncological – predominantly melanoma and skin lesions, bowel and breast surgery, plastic (skin lesions predominantly) thoracic and endoscopic. Our hospital performs approximately 2,545 procedures each year.

Day Surgery Unit and Recovery Room

Our Day Surgery Unit cares for approximately 300 patients each year undergoing various medical procedures including combined and immediate post operative care and day surgery.

Our Day Surgery service was recently rated the best in NSW in a recent survey of all patients which was conducted by the Health Information Bureau of NSW.

The Intensive Care Unit

This is a six bed, Level 5, Intensive Care and High Dependency Unit combined.

In our Intensive Care Unit we have different visiting hours to other wards and units within the hospital. However, if you have a very ill relative or friend, please ask our staff about visiting.

Our visiting hours are:

11am- 1.30pm and 3.30pm - 8pm

Patients have a rest period between 1.30pm and 3.30pm.

Our direct telephone number is (02) 4014 3755

If you have a relative in our Intensive Care Unit they will require:

- Soap
- Toothpaste
- Brush/comb
- Deodorant
- Toothbrush

For more information about intensive care units visit the <http://intensivecare.hsnet.nsw.gov.au>