

Rehabilitation Services

Lorna House, Alcohol & Drug Services Unit, provides assistance and support for individuals regarding alcohol and other drug use. The service also offers support to family and friends affected by another persons drug use.

We offer safe and supportive treatment options, from inpatient and outpatient facilities. Follow up outpatient support and counseling for individuals and family members is available 7 days per week and after hours.

Assessment

- Confidential initial assessment is offered to all clients attending our service.
- Treatment options are offered based on assessment, with links to appropriate service providers.
- Information, support and counseling for individuals, family members and other health professionals.
- Medical review and prescription of medication for withdrawal and relapse prevention where appropriate.
- Psychological intervention regarding relaxation, anxiety, phobias, depression, sleep problems and other problem behaviours.
- Cannabis and nicotine smoking cessation programs.
- Support services for people waiting to attend rehabilitation.
- Referral to after care services, counseling and community groups.

We also provide referral and support to:

- G.P's
- Health services and community agencies
- Rehabilitation Services

Education

- Lectures and seminars for health professionals and other interested groups.
- Inservice education for hospital staff.

Staff Members:

Medical Director

Alcohol & Drug Staff Specialist

Nursing Unit Manager

Drug & Alcohol Family Counselor

Senior Clinical Psychologists

Registered Nurse / Clinical Nurse Specialist

Secretary / Receptionist