

Hunter Drug Information Service

Alcohol and Drug Unit

The Alcohol and Drug Service provides assistance and support for individuals regarding alcohol and other drug use. The service also offers support to family and friends affected by another person's drug use. We offer safe and supportive treatment options from inpatient and outpatient facilities. We also provide follow up outpatient support and counselling for individuals and family members 7 days per week and after hours.

Assessment:

- Confidential initial assessment is offered to all clients attending our service
- Treatment options are offered based on assessment, with links to appropriate service providers

Information, support and counselling for individuals, family members and other health professionals. Medical review and prescription of medication for withdrawal and relapse prevention where appropriate. Psychological intervention regarding relaxation, anxiety, phobias, depression, sleep problems and other problem behaviours. Cannabis and nicotine smoking cessation programs. Support services for people waiting to attend rehabilitation. Referral to after care services, counselling and community groups.

We also provide referral and educational support to:

- GP's
- Health services and community agencies
- Rehabilitation services

Education

- Lectures and seminars for health professionals and other interested groups
- Inservice education for hospital staff

Staff Members:

- Medical Director
- Drug and Alcohol Staff Specialist
- Nursing Unit Manager
- Drug & Alcohol Family Counsellor
- Snr. Clinical Psychologist
- Registered Nurse / Clinical Nurse Specialist
- Secretary / Receptionist